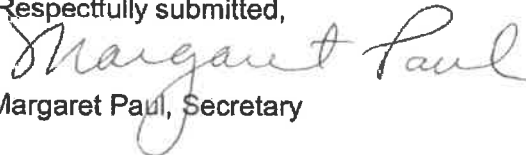




BERWYN PUBLIC HEALTH DISTRICT
SPECIAL MEETING of AUGUST 29, 2018

1. President Pechous called the Special Meeting to order at 7:00 p.m. Pechous, Avila, and Paul answered present on the call of the roll.
2. This meeting had been called at the request of Health District Medical Director Dr. Brad S. Wainer, DO for the purpose of hosting a gathering of local health practitioners interested in helping address the health problem of childhood obesity. A formal Special Meeting Notice and Agenda were posted because of the attendance and participation of the members of the Health District.
3. The following guests were in attendance: Masin Ouksel - Ahimsa Yoga Studio, Lori Weiss, MD - Primary Care Associates, Xochil Galeano, MD - Rush Pediatrics North Riverside, Adriana Ramiro, DO - Rush Pediatrics North Riverside, Victoria Novotny – Oak Park River Forest Infant Welfare Society, Julie O’Keefe, MD – Loyola Center for Health North Riverside (Director of Cada Paso-Berwyn), Mary Crisostomo, MSN – Loyola University Medical Center, Nerieida Esparza, MD – MacNeal Family Medicine Residency Program, Yesenia Yopez, MD – MacNeal Family Medicine Residency Program, Fabiola Zavala, Director Community Health MacNeal Hospital, Michelle Calva, Family Residency Coordinator
4. Open Forum was announced. No one stepped forward and Open Forum was closed.
5. President Pechous turned the floor over to Dr. Wainer who introduced the purpose of the meeting. He invited the attendees to introduce themselves and provide brief information about how they are involved in addressing the issue of childhood obesity. Guests’ statements sparked areas of discussion and concern regarding the health issue among Berwyn children. Type II Diabetes in children, Food insecurity, cultural sensitivity, cultural disconnect in the way providers (nutritionists) converse with new mothers and children, the difficulty parents have with finding time to incorporate physical activity into daily activity, and breast feeding were some of the issues brought up in discussion.
6. Ms. Zavala advised that MacNeal Hospital is conducting a Community Health Needs Assessment which will be available on their website in March, 2019.
7. It was the collective opinion of the group that another meeting would be beneficial to further discuss ways to cooperate and create partnerships within the group (the Consortium to Lower Obesity in Chicago Children “CIOCC” developed out of Lurie Children’s Hospital was mentioned as an example). Dr. Wainer will call the group together at a later date to develop goals.
8. The meeting adjourned at 8:15 p.m.

Respectfully submitted,


Margaret Paul, Secretary